



Public Speaker

A few years ago, I made one of the most transformative decisions of my life: leaving a job that left me unfulfilled and uninspired to pursue a career I was passionate about. That leap led to over 20 years in sports television journalism (and counting), earning seven Emmy Awards, founding a nonprofit organization, and thriving in a world that hasn't always represented me. Now, i'm channeling my experiences into public speaking engagements and corporate events, to inspire others to take bold steps in their own lives.

AS SEEN ON











KEY TOPICS

- Betting on Yourself: How to leave behind what no longer serves you and pursue what truly matters.
- Reinventing Your Career: Lessons from starting over and building success from the ground up.
- Relationship Building: Why meaningful connections are the key to long-term success.
- Thriving in a World That Hasn't Always Represented You: Breaking barriers and finding your voice in spaces where diversity is needed.
- Empowered, Not Victimized: Shifting your mindset to embrace challenges as opportunities for growth.
- Philanthropy and Purpose: Making time for causes you care about and creating meaningful impact in your community.

129K

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108K

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